

# BUSINESS, CONSUMER SERVICES AND HOUSING AGENCY • GAVIN NEWSOM, GOVERNOR DEPARTMENT OF CONSUMER AFFAIRS • VETERINARY MEDICAL BOARD 1747 North Market Blvd., Suite 230, Sacramento, CA 95834-2978 P (916) 515-5220 | Toll-Free (866) 229-0170 | www.vmb.ca.gov



### MEMORANDUM

DATE	October 9, 2019
то	Veterinary Medical Board
FROM	Jeff Pollard, DVM, MDC Chair
SUBJECT	Agenda Item 6.B. Recommendation to Adopt Draft Guidelines for Discussion of Cannabis Use for Veterinary Patients

As mandated by <u>Assembly Bill (AB) 2215</u> (Kalra, Chapter 819, Statutes of 2018), the Veterinary Medical Board (Board) must adopt guidelines for veterinarians to follow when discussing cannabis within the veterinarian-client-patient relationship (VCPR) by January 1, 2020 and post the guidelines to the Board's Internet Website.

At the <u>November 2018 meeting</u>, the Board moved to delegate to the Multidisciplinary Advisory Committee (MDC) review of requirements for cannabis discussion guidelines and determine if guidelines should be implemented through regulation or as a stand-alone document and report their findings to the Board.

AB 2215 requires the Board to post guidelines for veterinarian cannabis discussions but does not require the Board to adopt regulations. At the <u>January 2019</u>, <u>April 2019</u>, and <u>July 2019</u> meetings, the MDC reviewed proposed Guidelines developed by the MDC subcommittee and made amendments. The Guidelines are meant to serve the veterinary community and provide clarification as to the statutory ability of a veterinarian to discuss cannabis within the confines of a VCPR and the conflicts of interest provisions of AB 2219. The Guidelines note that AB 2215 does not pertain to industrial hemp products or authorize a veterinarian to prescribe or recommend the use of cannabis on an animal patient.

The Guidelines reiterate the importance of establishing a VCPR prior to discussing cannabis use on veterinary patients and the requirements for patient evaluation and record keeping. The Guidelines provide advice about potential risks of the medical use of cannabis and guidance on administering, dispensing, furnishing, recommending, or discussing industrial hemp, which is not tested or regulated in the same manner as cannabis. The Guidelines do not include reference to a veterinarian prescribing industrial hemp because a prescription is a legal document, as described in California Code of Regulations (CCR), title 16, section 2032.2, and is filled by a licensed pharmacy; pharmacies currently do not fill industrial hemp prescriptions. During the July 2019 meeting, the MDC voted to approve the draft Guidelines and recommend them to the Board for additional review. The Guidelines are now before the Board for further consideration and review.

Attachment: Draft Guidelines for the Discussion of Cannabis Use for Veterinary Patients

#### Veterinary Medical Board's

## Guidelines for the Discussion of Cannabis Use for Veterinary Patients

Effective January 1, 2020

**Commented [WT1]:** Recommend changing to "Within the Veterinarian-Client-Patient Relationship" to comply with BPC section 4884(c).

#### **PREAMBLE**

Pursuant to Business and Professions Code (BPC) section 4884, subdivision (b), a California licensed veterinarian will not be disciplined by the Veterinary Medical Board (VMB) solely for discussing the use of cannabis on an animal for medicinal purposes. As required by statute, the Board has developed these guidelines for discussion of the use of cannabis in veterinary patients with clients. These guidelines are not intended to mandate standard of care.

#### **BACKGROUND**

On September 27, 2018, California Governor Edmund G. Brown, Jr. signed into law AB 2215 (Kalra, Chapter 819, Statutes of 2018). AB 2215 became effective January 1, 2019. This bill amends section 4883 of, and adds section 4884 to, the Business and Professions Code, relating to veterinarians.

The bill prohibits the VMB from disciplining, or denying, revoking, or suspending the license of, a licensed veterinarian solely for discussing the use of cannabis on an animal for medicinal purposes, absent negligence or incompetence. The bill also prohibits a veterinarian from dispensing or administering cannabis or cannabis products. The bill does not pertain to industrial hemp.

Under both the federal Controlled Substances Act (CSA)<sup>2</sup> and the California Uniform Controlled Substances Act (CUCSA)<sup>3</sup>, cannabis is listed as a Schedule I drug, characterized as having a high potential for abuse, have no currently accepted medical use in treatment in the United States, and lack accepted safety for use under medical supervision. A veterinarian is prohibited from prescribing a Schedule I drug.

#### **GUIDELINES**

The VMB has adopted the following guidelines for the discussion with veterinary clients of cannabis use on animal patients for medical purposes.

**Veterinarian-Client-Patient Relationship:** The veterinarian-client-patient relationship (VCPR) is fundamental to the provision of acceptable veterinary medical care. The veterinarian should document that an appropriate VCPR is established prior to discussions of cannabis with the animal owner client.<sup>4</sup>

**Patient Evaluation and Record Keeping:** A documented physical examination and collection of relevant clinical history is required. This history should include both subjective and objective data and must be obtained prior to discussion of cannabis for a medical purpose. Medical records must meet the accepted minimum requirements for record keeping as defined by the Veterinary Medicine Practice Act.<sup>5</sup>

**Commented [WT2]:** Recommend striking as BPC section 4884(c) does not state this.

**Commented [WT3]:** Recommend revising to state "cannabis within the veterinarian-client-patient relationship."

**Commented [WT4]:** Recommend revising per above comments.

Documentation of discussions should include the indication and safety of the use of cannabis. The discussions should be evaluated in accordance with accepted standards of practice as they evolve over time. This documentation may include advice about potential risks of the medical use of cannabis, including, but not limited to, the following:

<ul> <li>□ The variability of quality, source, safety, and testing of cannabis products (pesticide contamination, potentially harmful co-ingredients, e.g., xylitol, chocolate, butter).</li> <li>□ No federal or state agency oversees standardization of animal cannabis product concentrations.</li> </ul>
□ Research to-date is lacking conclusions regarding dose, toxicity, and efficacy.
$\hfill\Box$ The side effects and signs of overdose or toxicity (e.g., ataxia, depression, vomiting,
urinary incontinence, bradycardia, hyperthermia, tremors, anorexia, adipsia,
hypothermia, seizure, stupor, tachycardia, weakness).
□ Safeguarding of cannabis products from other pets and human exposures.
☐ Use in service animals that may place human handler safety in jeopardy.
□ Possible interactions with other treatments and prescribed medications.
□ Reminder to the client that cannabis is not being recommended or prescribed by the veterinarian.
☐ The importance of periodic re-evaluation of the patient in accordance with good
veterinary practice.

Conflicts of Interest: A veterinarian, registered veterinary technician (RVT), or veterinary assistant controlled substance permit (VACSP) holder may be disciplined for the offer, delivery, receipt, or acceptance of any rebate, refund, commission, preference, patronage dividend, discount, or other consideration as compensation or inducement for referring patients, clients, or customers to a cannabis licensee.<sup>6</sup> In addition, the Board is authorized to discipline a veterinarian who accepts, solicits, or offers any form of remuneration from or to a cannabis licensee<sup>7</sup> if the veterinarian or his or her immediate family have a financial interest with the cannabis licensee.<sup>8</sup> "Financial interest" includes, but is not limited to, any type of ownership interest, debt, loan, lease compensation, remuneration, discount, rebate, refund, dividend, distribution, subsidy, or other form of direct or indirect payment, whether in money or otherwise, between a licensee and a person or entity to whom the licensee refers a person for a good or service. <sup>9</sup> Further, discussing medicinal cannabis with a client while the veterinarian is employed by, or has an agreement with, a cannabis licensee is prohibited. <sup>10</sup>

Thus, a veterinarian should not have a professional office located at a dispensary or cultivation center or receive financial compensation from or hold a financial interest in a cannabis licensee. Nor should the veterinarian be a director, officer, member, principal, employee, or a retailer of a cannabis product. A cannabis licensee may not directly or indirectly employ a veterinarian to discuss cannabis with clients.

**Advertising:** The Board is authorized to discipline a veterinarian, RVT, or VACSP holder if he or she distributes any form of advertising for cannabis in California.<sup>11</sup>

**Industrial Hemp:** Under federal and state law, <sup>12</sup> industrial hemp is not a controlled substance regulated under the Uniform Controlled Substance Acts and is not regulated under the

Medicinal and Adult-Use Cannabis Regulation and Safety Act (MAUCRSA). <sup>13</sup> Rather, industrial hemp is regulated by the federal Department of Agriculture and the California Department of Food and Agriculture. <sup>14</sup>

Thus, if a veterinarian administers, dispenses, furnishes, recommends, or discusses the use of industrial hemp on an animal patient, the veterinarian would not be subject to the statutory provisions regarding cannabis but would be subject to the provisions of the Veterinary Medicine Practice Act applicable to diagnosing, prescribing, or administering a drug, medicine, appliance, application, or treatment of whatever nature for the prevention, cure, or relief of a wound, fracture, bodily injury, or disease of animals. <sup>15</sup> Industrial hemp is not tested or regulated in the same manner as cannabis, so the veterinarian should use caution when administering, dispensing, furnishing, recommending, or discussing industrial hemp and ensure the product to be used is industrial hemp and not cannabis.

#### **Definitions, Abbreviations, Acronyms**

**California Uniform Controlled Substances Act (CUCSA)** – regulates the manufacture, importation, possession, use, and distribution of certain substances. (Cal. Health & Saf. Code, § 11000 et seq.)-

**Cannabis** – Cannabis means all parts of the plant Cannabis sativa L., whether growing or not; the seeds thereof; the resin extracted from any part of the plant; and every compound, manufacture, salt, derivative, mixture, or preparation of the plant, its seeds or resin. It does not include either of the following:

- (a) Industrial hemp, as defined in Section 11018.5.
- (b) The weight of any other ingredient combined with cannabis to prepare topical or oral administrations, food, drink, or other product. (Cal Health & Saf. Code, § 11018.)

**CBD** – abbreviation for Cannabidiol, which is one out of 60 naturally occurring compounds present in cannabis. It is the second most prevalent cannabinoid in both hemp and marijuana and is non-psychoactive. CBD oil is mostly extracted from hemp and not marijuana. When extracted from hemp, this type of extract has less than 0.3% of THC.

CSA - The federal Controlled Substances Act (21 USCA § 801 et seq.).

Dronabinol, Marinol, Nabilone - synthetic cannabinoids.

**Epidiolex** – CBD product approved in June 2018 by the U.S. Food and Drug Administration (FDA) for controlling seizures in people with difficult-to-treat childhood-onset epilepsy.

Industrial Hemp – (a) Industrial hemp means a crop that is limited to types of the plant Cannabis sativa L. having no more than three-tenths of 1 percent tetrahydrocannabinol (THC) contained in the dried flowering tops, whether growing or not; the seeds of the plant; the resin extracted from any part of the plant; and every compound, manufacture, salt, derivative, mixture, or preparation of the plant, its seeds or resin produced therefrom. (b) Industrial hemp shall not be subject to the provisions of this division or of Division 10 (commencing with Section 26000) of the Business and Professions Code, but instead shall be regulated by the Department of Food and Agriculture in accordance with the provisions of Division 24 (commencing with Section 81000) of the Food and Agriculture Code, inclusive. (Cal Health & Saf. Code, § 11018.5.)

**Marijuana** – (A) Subject to subparagraph (B), the term "marijuana" means all parts of the plant Cannabis sativa L., whether growing or not; the seeds thereof; the resin extracted from any part of such plant; and every compound, manufacture, salt, derivative, mixture, or preparation of such plant, its seeds or resin.

(B) The term "marijuana" does not include:

- (i) hemp, as defined in section 297A of the Agricultural Marketing Act of 1946 [7 USCS § 1639o]; or
- (ii) the mature stalks of such plant, fiber produced from such stalks, oil or cake made from the seeds of such plant, any other compound, manufacture, salt, derivative, mixture, or preparation of such mature stalks (except the resin extracted therefrom), fiber, oil, or cake, or the sterilized seed of such plant which is incapable of germination. [21 USCS § 802]

Medicinal and Adult-Use Cannabis Regulation and Safety Act (MAUCRSA) — establishes a comprehensive system to control and regulate the cultivation, distribution, transport, storage, manufacturing, processing, and sale of both of the following:

- (1) Medicinal cannabis and medicinal cannabis products for patients with valid physician's recommendations.
- (2) Adult-use cannabis and adult-use cannabis products for adults 21 years of age and over. MAUCRSA also defines the power and duties of the state agencies responsible for controlling and regulating the commercial medicinal and adult-use cannabis industry. (BPC §, 26000 et seq.)-

**Oils** – Cannabis oil, whether CBD, THC, or both, is extracted from the flowers, leaves, and stalk mainly using different solvents. Hemp oil is made only from pressed seeds.

**Terpenes** – aromatic metabolites found in the oils of all plants (i.e., flavor or fragrance). Terpenes work together to modulate cannabinoids resulting in the so-called "entourage effect." Terpenes have their own medical effects, for example, interacting with neurotransmitters.

**THC** – delta-9 tetrahydrocannabinol, the primary psychoactive ingredient in marijuana, is one of at least 113 cannabinoids identified in cannabis.

**Veterinarian-Client-Patient Relationship (VCPR)** – a fundamental provision to acceptable veterinary medical care. A veterinarian-client-patient relationship shall be established by the following:

- (1) The client has authorized the veterinarian to assume responsibility for making medical judgments regarding the health of the animal, including the need for medical treatment.
- (2) The veterinarian has sufficient knowledge of the animal(s) to initiate at least a general or preliminary diagnosis of the medical condition of the animal(s). This means that the veterinarian is personally acquainted with the care of the animal(s) by virtue of an examination of the animal or by medically appropriate and timely visits to the premises where the animals are kept, and 3) The veterinarian has assumed responsibility for making medical judgments regarding the health of the animal and has communicated with the client a course of treatment appropriate to the circumstance. (CCR, tit. 16, § 2032.1.)

<sup>&</sup>lt;sup>1</sup> BPC, § 4884(c).

<sup>&</sup>lt;sup>2</sup>21 USCA § 801 et seq.

Cal. Health & Saf. Code, § 11000 et seq.
 California Code of Regulations (CCR), title 16, section 2032.1, Veterinarian-Client-Patient

<sup>&</sup>lt;sup>5</sup> CCR, tit. 16, § 2032.3, Record Keeping; Records; Contents; Transfer.

<sup>&</sup>lt;sup>5</sup> CCR, tit. 16, § 2032 <sup>6</sup> BPC, § 650 et seq. <sup>7</sup> BPC, § 26001 <sup>8</sup> BPC, § 4883(p). <sup>9</sup> BPC, § 4883(q). <sup>10</sup> BPC, § 4883(r).

<sup>&</sup>lt;sup>12</sup> 21 USCA § 802(16); and Cal. Health & Saf. Code, § 11018.5.

 <sup>&</sup>lt;sup>13</sup> BPC, § 26000 et seq.
 <sup>14</sup> 7 USCA § 1639o; Cal. Food & Agr. Code, § 81000.

<sup>15</sup> BPC, § 4826(b), (c).