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The Certified Canine Fitness Trainer Program (CCFT)



The Certified Canine Fitness Trainer (CCFT) course combines two great programs into one prestigious credential. Developed by the University of Tennessee and FitPAWS® (FitPAWS® Master Trainer) the CCFT program provides students with the essential qualifications and tools to become an effective university credentialed Canine Fitness Trainer.

The program provides essential concepts of canine body mechanics, anatomy, functional movement, behavior, nutrition, and an overview of regulatory issues and precautions for those desiring to coach, train or better understand the fundamentals of canine fitness and conditioning.

Students will be taught through a blended learning environment that includes online course work and live labs (FitPAWS® Master Trainer Lab) to minimize time in the classroom and maximize time with their hands on dogs.

Students will advance their understanding and skills with hands-on labs focused on conducting standardized canine fitness assessments utilizing the Canine Fitness Performance™ (CFP) methodology, injury prevention and care, program design and implementation. An emphasis is included on movement identification and correction as well as the opportunity to explore specialty life stage requirements for working dogs and sporting dogs, puppies, seniors and pet dogs.

Students must complete both the online and the hands-on lab courses to receive the UT-CCFT credential. Successful completion requirements include passing grades for both the online exam, lab exam and 3 case studies. Attendees who pass all requirements will receive a certificate from the University of Tennessee. Graduates of the UT-CCFT program will be listed and displayed on the University of Tennessee website www.utvetce.com (./) and www.fitpawsusa.com (<http://www.fitpawsusa.com/>) websites.

[Home \(./ccft.asp\)](#)

[Eligibility \(./ccft_eligibility.asp\)](#)

[Prerequisites \(./ccft_prerequisites.asp\)](#)

[Course Descriptions \(./ccft_descriptions.asp\)](#)

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[Faculty \(./ccft_faculty.asp\)](#)

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The Certified Canine Fitness Trainer Program (C.C.F.T.)

Eligibility

- Documented work experience in an animal healthcare facility, documented dog handling experience with proven track record, and/or 2 year Associates degree (minimum).
- Documentation of work experience or proof of degree required.
- Require statement and signature that will **not allow** students to diagnose or prescribe.
- Program only for conditioning, training, and exercise.
- Successful completion of online course, text, hands-on workshop and participation, as well as completion of case studies is required prior to receiving certification. The title of CCFT cannot be used by students enrolled in the program. Use of CCFT credentials without successful completion of online coursework, text, hands-on workshop and participation, as well as completion of case studies will result in permanent exclusion from the program and future opportunities.

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The Certified Canine Fitness Trainer Program (C.C.F.T)

Prerequisites

The program is open to the following:

- Veterinarians
- Veterinary Technicians
- Physical Therapists
- Physical Therapist Assistants
- Occupational Therapists
- Dog Behaviorists
- Certified Dog Trainers
- Dog Handling Experience (3 years is best) with proven track record in one of the following professions: Police, Search & Rescue, Agility Dogs, Therapy, Prison Dogs, Kennel Owners*

*Proof of Dog Handling Experience must be provided (business license, trainer certifications, performance sport credentials, or contracted work). Other proofs may be considered, but are not guaranteed, to meet this requirement. Please call or email with questions regarding eligibility.



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The Certified Canine Fitness Trainer Program (C.C.F.T.)

ONLINE COURSE DESCRIPTION - \$599

This program will provide an overview of the regulatory issues involved in this field of practice, canine anatomy and physiology, behavior, nutrition, first aid and emergency procedures, and an overview of pharmacology and pharmacologic precautions. An emphasis is included on prevention and care of athletic injuries, canine strength and conditioning, therapeutic modalities, and assessment of fitness. Canine sporting and working dogs and the requirements of their various sports and activities are also covered.

Learning Objectives:

- Regulatory Issues for the Canine Fitness Trainer
- Canine Anatomy/Physiology
- Overview of Canine Behavior
- Principles of Canine Nutrition
- Review of Structural and Mechanical Kinesiology
- The Prevention and Care of Athletic Injuries
- Canine Strength and Conditioning
- Understanding Pharmacology Precautions
- An Introduction to Therapeutic Modalities
- Assessment of Physical Fitness
- An Overview of Canine Sports and Working Dogs

LAB COURSE DESCRIPTION: - \$899

This course will provide the participant with lecture and hands-on experience in which participants will be guided through standardized canine fitness assessment, exercise form and program design with live dogs. A palpation lab on live dogs is included to review important anatomical structures for fitness. Hands-on experiences for selected equipment used in canine fitness and conditioning are incorporated including balance, strength, cardio, flexibility and morphometric measuring devices. This course also provides the participant with the basic fitness assessment skills necessary to create an exercise programs for dogs. Topics covered include exercise physiology, range of motion and stretching, gait training, strengthening exercises, balance and proprioceptive exercises, and exercises for wellness/prevention. Outcome measures (Gulick circumferential measurements, etc.) will also be practiced in this course.

Learning Objectives:

Canine Exercise Anatomy (ASSESSMENT)

- Fitness Assessments
- Gait Evaluations
- Palpation

Correct Canine Fitness Exercise Form (TECHNIQUE)

- Proper Technique, Position & Creative Encouragement
- Correlation of Form & Function
- When & Why to Refer to Professionals

Canine Behavior Modification through Exercise (BEHAVIOR)

- Positive Reinforcement Encouraging Behavioral Transition
- Client & Canine Interactions

Develop Specific Canine Exercise Programs (PROGRAM DESIGN)

- Canine Life Stages & Special Canine Populations
- Target Specific Body Areas, Muscle Groups & Injury Prevention
- Exercise Progressions & Variables
- Advanced Canine Performance & Working/Hunting Dogs

Canine Equipment Guidelines (EQUIPMENT)

- Proper Use & Safety
- Equipment Use & Choice
- Canine Specific Equipment vs. Human Equipment

Canine Fitness Business Development (BUSINESS)

- Marketing Tools & Programs
- Best Practices for Canine Fitness Programs



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Certified Canine Fitness Trainer Program (CCFT) (Live Hands-on Labs)

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Clinicians: [Darryl Millis](#) and [David Levine](#) and [Angela Witzel](#) and [Julie Albright](#) and [Leslie Eide](#) and [Sonnet Jarvis](#) and [Bobbie Lyons](#) and [Anthony Woerner](#) and [Darrell Wilkerson](#)

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Details

Pre-erquisites

The program is open to the following:

- Veterinarians
- Veterinary Technicians
- Physical Therapists
- Physical Therapist Assistants
- Occupational Therapists
- Dog Behaviorists
- Certified Dog Trainers
- Dog Handling Experience (3 years is best) with proven track record in one of the following professions: Policy, Search & Rescue, Agility Dogs, Therapy, Prison Dogs, Kennel Owners, Dog Walkers, Pet Sitters, or Groomers.*

*Proof of Dog Handling Experience must be provided (business license, trainer certifications, performance sport credentials, or contracted work). Other proofs may be considered, but are not guaranteed, to meet this requirement.

Please call or email with questions regarding eligibility
@ info@neseminars.com

Eligibility:

- Documented work experience in an animal healthcare facility, documented dog handling experience with proven track record, and/or 2 year Associates degree (minimum).
- Documentation of work experience or proof of degree required.
- Require statement and signature that will **not allow** students to diagnose or prescribe.
- Program only for conditioning, training, and exercise.
- Successful completion of online course, text, hands-on workshop and participation, as well as completion of case studies is required prior to receiving certification. The title of CCFT cannot be used by students enrolled in the program. Use of CCFT credentials without successful completion of online coursework, text, hands-on workshop and participation, as well as completion of case studies will result in permanent exclusion from the program and future opportunities.

Live Hands-on Lab Description:



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provide the participant with lecture and hands-on experience in which participants will be guided through a standardized canine fitness assessment, exercise form and program design with live dogs. A palpation lab on live dogs is included to review important anatomical structures for fitness. Hands-on experiences for selected equipment used in canine fitness and conditioning are incorporated including balance, strength, cardio, flexibility and morphometric measuring devices. This course also provides the participant with the basic fitness assessment skills necessary to create an exercise program for dogs. Topics covered include exercise physiology, range of motion and stretching, gait training, strengthening exercises, balance and proprioceptive exercises, and exercises for wellness/prevention. Outcome measures (Gulick circumferential measurements, etc.) will also be practiced in this course.



Outline

Learning Objectives:

Canine Exercise Anatomy (ASSESSMENT)

- Fitness Assessments
- Gait Evaluations
- Palpation

Correct Canine Fitness Exercise Form (TECHNIQUE)

- Proper Technique, Position & Creative Encouragement
- Correlation of Form and Function
- When & Why to Refer to Professionals

Canine Behavior Modification through Exercise (BEHAVIOR)

- Positive Reinforcement Encouraging Behavioral Transition
- Client & Canine Interactions

Develop Specific Canine Exercise Programs (PROGRAM DESIGN)

- Canine Life Stages & Special Canine Populations
- Target Specific Body Areas, Muscle Groups & Injury Prevention
- Exercise Progressions & Variables
- Advances Canine Performance & Working/Hunting Dogs

Canine Equipment Guidelines (EQUIPMENT)

- Proper Use & Safety
- Equipment Use & Choice
- Canine Specific Equipment vs Human Equipment

Canine Fitness Business Development (BUSINESS)

- Marketing Tools & Programs
- Best Practices for Canine Fitness Programs

Additional Info

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Certified Canine Fitness Trainer Program (CCFT) Online Lecture Course

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Clinicians: [Darryl Millis](#) and [David Levine](#) and [Kerry Fisher](#) and [Angela Witzel](#) and [Julie Albright](#)

Details

Prerequisites

The program is open to the following:

- Veterinarians
- Veterinary Technicians
- Physical Therapists
- Physical Therapist Assistants
- Occupational Therapists
- Dog Behaviorists
- Certified Dog Trainers
- Dog Handling Experience (3 years is best) with proven track record in one of the following professions: Policy, Search & Rescue, Agility Dogs, Therapy, Prison Dogs, Kennel Owners, Dog Walkers, Pet Sitters, or Groomers.*

*Proof of Dog Handling Experience must be provided (business license, trainer certifications, performance sport credentials, or contracted work). Other proofs may be considered, but are not guaranteed, to meet this requirement.

Please call or email with questions regarding eligibility
@ info@neseminars.com



Eligibility:

- Documented work experience in an animal healthcare facility, documented dog handling experience with proven track record, and/or 2 year Associates degree (minimum).
- Documentation of work experience or proof of degree required.
- Require statement and signature that will **not allow** students to diagnose or prescribe.
- Program only for conditioning, training, and exercise.
- Successful completion of online course, text, hands-on workshop and participation, as well as completion of case studies is required prior to receiving certification. The title of CCFT cannot be used by students enrolled in the program. Use of CCFT credentials without successful completion of online coursework, text, hands-on workshop and participation, as well as completion of case studies will result in permanent exclusion from the program and future opportunities.

Online Lecture Course Description:

This program will provide an overview of the regulatory issues involved in this field of practice, canine anatomy and physiology, behavior, nutrition, first aid and emergency procedures, and an overview of pharmacology and pharmacologic precautions. An emphasis is included on prevention and care of athletic injuries, canine strength and conditioning, therapeutic modalities, and assessment of fitness. Canine sports and working dogs and the

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Feedback

their various sprints and activities are also covered.

Hours of Online Content: 23 hours



Outline

Learning Objectives:

- Regulatory Issues for the Canine Fitness Trainer
- Canine Anatomy/Physiology
- Overview of Canine Behavior
- Principles of Canine Nutrition
- Review of Structural and Mechanical Kinesiology
- The Prevention and Care of Athletic Injuries
- Canine Strength and Conditioning
- Understanding Pharmacology Precautions
- An Introduction to Therapeutic Modalities
- Assessment of Physical Fitness
- An Overview of Canine Sports and Working Dogs

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